

NUTRITIONAL SUPPLEMENTS

# for Women's Health



**THERALOGIX**  
*Nutritional Science*

[theralogix.com](https://theralogix.com)



# Why Theralogix?

## Evidence-Based

Your healthcare provider recommends Theralogix nutritional supplements because they are based on the most recently published scientific evidence. The Theralogix Medical Advisory Board (MAB) is composed of physicians, nationally reputed scientists and faculty members from leading U.S. medical schools. Each product formulation has been approved by the MAB after detailed review of the scientific data. The MAB meets regularly to conduct extensive reviews of the scientific research and to offer guidance on improving existing formulations or developing new products.

## Physician-Trusted

Your healthcare provider trusts Theralogix, which has been working directly with physicians nationwide since its start in 2003.

Theralogix supplements are not sold in stores. Purchasing directly from the company helps assure that you receive the highest-quality supplements at the best price.

Theralogix supplements are recommended for use under the supervision of a healthcare provider, as one component of an overall health maintenance program.

## Content-Certified

Theralogix supplements undergo more rigorous testing than Food and Drug Administration (FDA) regulations require. Theralogix supplements are manufactured in a GMP-compliant facility. All eligible products have been tested for disintegration, content accuracy, and purity by NSF® International.



NSF International is an independent, not-for-profit organization that is the world leader in standards development, product certification, education, and risk management for public health and safety. NSF testing guarantees that each Theralogix supplement contains exactly what is stated on its label, that there are no contaminants or other ingredients that are not listed on the label, and that current Good Manufacturing Practices (cGMP) established by the FDA have been met during the production of the product.

TherOmega fish oil and the omega-3s in TheraNatal supplements are sourced from 100% sustainable, wild-caught Alaska Pollock from the Bering Sea and the Gulf of Alaska. They are certified sustainable by the Marine Stewardship Council (MSC), and each lot is tested for freedom from contaminants such as mercury, lead, and PCBs by the International Fish Oil Standards (IFOS) Program.



Theralogix products are artificial dye-free and gluten-free.

## CORE NUTRIENTS



## TheraNatal® Core

A daily preconception tablet for any woman trying to conceive.\*

One easy-to-swallow tablet provides core nutrients, including:

- Methylated Folate
- 50 mcg (2,000 IU) of Vitamin D<sub>3</sub>
- 100 mg of Choline (as VitaCholine®)
- 18 mg of Iron
- 220 mcg of Iodine
- 30 mg of Vitamin B<sub>6</sub>

Once you are pregnant, switch to TheraNatal One or TheraNatal Complete by the end of your first trimester for the extra iron and DHA recommended during the second and third trimesters of pregnancy.

\*These statements have not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1 tablet a day  
**90-Day Supply**

**\$30** with  
preferred pricing

CORE NUTRIENTS + CoQ<sub>10</sub> FOR EGG QUALITY

## TheraNatal® OvaVite®

A daily preconception tablet plus coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) for women in their mid-30s and beyond.\*

Contains all the same nutrients as Core, plus 250 mg of CoQ<sub>10</sub> formulated with VESIsorb® technology, which improves CoQ<sub>10</sub> absorption by approximately 300-600% compared to standard oil-based CoQ<sub>10</sub> supplements. This means that OvaVite provides the same absorbed dose of CoQ<sub>10</sub> as 750-1,500 mg from other CoQ<sub>10</sub> supplements.

Emerging research shows that CoQ<sub>10</sub> supports healthy egg and embryo quality and potentially leads to a better chance of achieving a healthy pregnancy.\*

Once you are pregnant, continue taking the TheraNatal Core (white) tablet. By the end of your first trimester, switch to TheraNatal One or TheraNatal Complete for the extra iron and DHA recommended during the second and third trimesters of pregnancy.

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1 Core tablet + 2 NeoQ<sub>10</sub>  
(CoQ<sub>10</sub>) softgels a day  
**13-Week Supply**

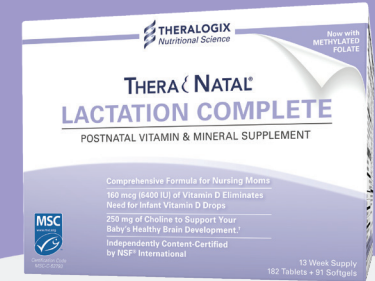
**\$120** with  
preferred pricing



COMPREHENSIVE PRENATAL

EASY-TO-SWALLOW PRENATAL

POSTNATAL SUPPLEMENT



**TheraNatal® Complete**

The most comprehensive prenatal.\*

Two tablets and one softgel a day provide comprehensive nutrient support for both mom and baby, including:

- Methylated Folate
- 75 mcg (3,000 IU) Vitamin D<sub>3</sub>
- 27 mg of Iron
- 220 mcg of Iodine
- 300 mg of DHA
- 250 mg of Choline (as VitaCholine®)
- 48 mg of Vitamin B<sub>6</sub>

Provides all the essential nutrients that you and your baby need during pregnancy in a convenient 13-week package.

The DHA in TheraNatal One, Complete, and Lactation Complete is certified sustainable by the Marine Stewardship Council (MSC), considered by many the gold standard for sustainability certification.

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**TheraNatal® One**

A once-daily prenatal with DHA.\*

One softgel a day provides the most essential nutrients for pregnancy, including:

- Methylated Folate
- 75 mcg (3,000 IU) of Vitamin D<sub>3</sub>
- 300 mg of DHA
- 27 mg of Iron
- 220 mcg of Iodine

TheraNatal One provides the most essential nutrients for you and your baby in one small, easy-to-swallow softgel for less than the cost of a typical co-pay.\*

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**TheraNatal® Lactation Complete**

A comprehensive postnatal supplement for breastfeeding moms.\*

Two tablets and one softgel a day provide comprehensive nutrient support for both mom and baby, including:

- Methylated Folate
- 300 mg of DHA
- 220 mcg of Iodine
- 250 mg of Choline (as VitaCholine®)
- 160 mcg of vitamin D<sub>3</sub>, which eliminates the need for infant vitamin D drops.\*

2 tablets + 1 DHA softgel a day  
**13-Week Supply**

**\$68** with preferred pricing

1 softgel a day  
**90-Day Supply**

**\$45** with preferred pricing

2 tablets + 1 DHA softgel a day  
**13-Week Supply**

**\$68** with preferred pricing

URINARY TRACT HEALTH



**TheraCran® One**

A high-potency cranberry supplement formulated to support urinary tract health.\*

TheraCran One contains a whole cranberry extract, providing a balanced spectrum of proanthocyanidins (PACs) and other active cranberry phytochemicals.

One vegan capsule contains:

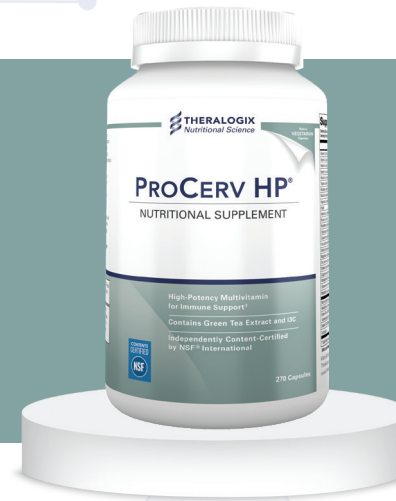
- 360 mg of Cranberry extract, standardized to contain 36 mg of PACs, the amount that has been shown to promote urinary tract health.\*

TheraCran One is the only cranberry supplement that is independently tested and certified in the U.S. for its purity and PAC content.

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1 capsule a day | **\$70** with preferred pricing  
90-Day Supply

CERVICAL HEALTH



**ProCerv HP®**

A unique high-potency daily multivitamin to support immune and cervical health.\*

Three vegetarian capsules daily provide a blend of high-potency vitamins, minerals and phytonutrients, including:

- Higher doses of B vitamins and antioxidants
- 50 mcg (2,000 IU) of Vitamin D<sub>3</sub>
- 400 mg of standardized Green Tea extract (50% epigallocatechin gallate (EGCG))
- 200 mg of Indole-3-Carbinol (I3C)

ProCerv HP contains a high-quality green tea extract, standardized for EGCG and other polyphenol content, along with I3C, a phytonutrient found in cruciferous vegetables. Both have been shown to promote cervical and immune health.\*

Cervical health is strongly influenced by sexual activity. Ask your healthcare provider if ProCerv HP is appropriate for you and your partner.

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3 capsules a day | **\$110** with preferred pricing  
90-Day Supply

## MENSTRUAL REGULARITY &amp; OVARIAN HEALTH



## Ovasitol®

**An inositol supplement formulated to promote insulin sensitivity, menstrual regularity, and healthy ovarian function.\***

Ovasitol contains a combination of myo-inositol and D-chiro-inositol, in the body's normal ratio of 40:1.

Each vegan serving provides:

- 2,000 mg of myo-inositol
- 50 mg of D-chiro-inositol

Studies have shown that taking a combination of these two forms, in this ratio, is more beneficial than taking myo-inositol or D-chiro-inositol alone.\*

Research has shown that inositol supports the way the body uses insulin.\* This helps support healthy menstrual cycles, ovulatory function, and hormone levels.\* Inositol also supports healthy lipid levels and promotes healthy egg quality in women trying to conceive.\*

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2 servings a day  
**90-Day Supply** | **\$65 or \$78** with preferred pricing  
(canister) (packets)

## MENOPAUSE SUPPORT



## IsoRel®

**A soy isoflavone supplement formulated to reduce the frequency and severity of menopausal hot flashes, as well as support bone and cardiovascular health.\***

One small vegan capsule provides:

- 250 mg of soy as Novasoy® 40% (100 mg soy isoflavones)

IsoRel is produced from Novasoy®, a whole soybean extract. Each capsule provides the naturally occurring soy isoflavones (genistin, daidzin, and glycitin) in the same isoflavone ratio as found in soybeans.

Research has shown that taking soy isoflavones significantly reduces the frequency and severity of menopausal hot flashes when compared to placebo. Soy isoflavones appear to be most effective for women who have a high number of hot flashes each day.

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1 capsule a day  
**90-Day Supply** | **\$35** with preferred pricing

## ALL-IN-ONE FOR BONE HEALTH\*



## TheraCal®

A comprehensive bone health supplement.\*

The daily dose of TheraCal provides calcium citrate, vitamin D<sub>3</sub>, vitamin K<sub>2</sub>, magnesium, and other vital nutrients for bone health.\*

TheraCal is available in 3 flexible programs, based on your vitamin D needs:

- **Program A: TheraCal Rapid Repletion.** Designed to supply calcium and quickly restore (replete) your vitamin D level, and then maintain that level.\* This program starts with an initial bottle of TheraCal D4000 for repletion and is followed by 90-day supply refill shipments of TheraCal D2000 for maintenance.
- **Program B: TheraCal D2000.** Provides 50 mcg (2,000 IU) of vitamin D<sub>3</sub> per full daily dose of four tablets.
- **Program C: TheraCal D4000.** Provides 100 mcg (4,000 IU) of vitamin D<sub>3</sub> per full daily dose of four tablets.

Speak to your healthcare provider to determine which TheraCal program is appropriate for you.

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### TheraCal D2000

2-4 tablets a day  
360 tablets per bottle

**\$47** with preferred pricing

### TheraCal D4000

2-4 tablets a day  
360 tablets per bottle

**\$50** with preferred pricing

## CALCIUM FOR BONE HEALTH\*



## CalMag Thins®

A calcium and magnesium bone health supplement.\*

Each easy-to-swallow tablet contains:

- 200 mg of calcium
- 50 mg of magnesium

This low-dose calcium supplement is designed to fill the gaps in your diet and should be taken along with other Theralogix products that provide vitamin D.

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1-5 tablets a day  
360 tablets per bottle

**\$30** with preferred pricing

## VITAMIN D FOR BONE HEALTH\*



## Thera-D®

A vitamin D<sub>3</sub> supplement.

Vitamin D supports bone, heart, and immune health.\*

Available in 4 flexible programs, based on your vitamin D needs:

- **Program A: Thera-D Rapid Repletion.** Restores your vitamin D level, and then maintains that level.\* Starts with one bottle of Thera-D 4000, followed by refill shipments of Thera-D 2000.
- **Program B:** Provides a maintenance dose of 50 mcg (2,000 IU) per day.
- **Program C:** Provides a higher dose of 100 mcg (4,000 IU) per day.
- **Program D:** Provides the highest dose of 150 mcg (6,000 IU) per day.

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1 tablet a day  
90- or 180-Day Supply

**\$21** or **\$23** with preferred pricing



### NeoQ10<sup>®</sup>

A coenzyme Q<sub>10</sub> supplement formulated with patented VESIsorb<sup>®</sup> technology to ensure optimal absorption and bioavailability. Supports healthy egg quality in women trying to conceive. Also supports cardiovascular and heart health.\*

1-2 softgels a day | 90 softgels per bottle  
**\$60 with preferred pricing**



### Canabrex<sup>®</sup>

A highly solubilized palmitate monoethanolamide (PEA) supplement.

Each vegan capsule contains 300 mg of solubilized PEA to promote healthy immune, nerve, and joint function.\* Studies have shown that solubilized PEA is better absorbed and more bioavailable than standard PEA.\*

2 capsules a day | 60-Day Supply  
**\$75 with preferred pricing**



### TherOmega<sup>®</sup>

A highly purified, sustainably sourced omega-3 fish oil supplement with 700 mg of EPA and DHA per softgel. TherOmega is independently certified by both NSF<sup>®</sup> International and the International Fish Oil Standards (IFOS) program.

1-6 softgels a day | 90 or 270 softgels per bottle  
**\$35 or \$63 with preferred pricing**



### Theravir<sup>™</sup>

An evidence-based formulation of vitamins, minerals, and phytonutrients to support a Vital Immune Response.\*

Each vegetarian capsule contains vitamins C and D, zinc, quercetin, and melatonin to support a healthy immune system.\*

2 capsules 30-60 minutes before bedtime | 90-Day Supply  
**\$55 with preferred pricing**



### Multivitamins

#### Essentia<sup>®</sup>

For younger women, with methylated folate, iron, and vitamin D.

#### Solo

For postmenopausal women, with no iron.

1 tablet a day | 90-Day Supply  
**\$21 and \$16 with preferred pricing**



### Theratonin<sup>®</sup>

A melatonin supplement to support optimal sleep.\*

Each chewable, quick-dissolving, berry-flavored tablet contains 3 mg of pharmaceutical-grade melatonin.

Studies show that melatonin supplementation supports healthy sleep onset, duration, and quality.\*

1 tablet 30-60 minutes before bedtime | 90 tablets per bottle  
**\$14 with preferred pricing**

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# WOMEN'S HEALTH

All eligible Theralogix products are independently certified by NSF® International for content accuracy, purity, and freedom from contaminants.



**TheraNatal®**  
**BEFORE PREGNANCY**

- Core (1 tablet)
- OvaVite® (1 tablet + 2 CoQ<sub>10</sub> softgel(s))

**DURING PREGNANCY**

- One (1 softgel)
- Complete (2 tablets + 1 DHA softgel)

**AFTER PREGNANCY**

- Lactation Complete (2 tablets + 1 DHA softgel)

**TheraCran® One**

**ProCerv HP®**

**Ovasitol® (inositol)**

**IsoRel™**

**TheraCal®**

- Program A: TheraCal Rapid Repletion (starts 1 bottle D4000, auto-switch to D2000)
- Program B: TheraCal D2000
- Program C: TheraCal D4000

**CalMag Thins®**

\_\_\_\_\_ tablet(s) per day

**Thera-D®**

- Program A: Thera-D Rapid Repletion (starts 1 bottle 4000, auto-switch to 2000)
- Program B: Thera-D 2000
- Program C: Thera-D 4000
- Program D: Thera-D 6000

**NeoQ<sub>10</sub>® (coenzyme Q<sub>10</sub>)**

\_\_\_\_\_ softgel(s) per day

**TherOmega®**

\_\_\_\_\_ softgel(s) per day

**Multivitamins**

- Essentia®
- Solo

**Canabrex® (Palmitate**

**Monoethanolamide (PEA))**

**Theravir™**

**Theratonin® (3 mg melatonin)**

Use the provider referral code (PRC) below for preferred pricing.